

# W O R K S H O P

## PERMISSION TO SHINE

Step out of your shadow and into your brilliance

Do you DOUBT yourself and lack confidence? Perhaps you secretly believe life will not work out the way you want it to?

Do you feel stuck in a rut or BLOCKED? Maybe you feel nothing you try works...and everything feels too slow?

So, if you are looking for personal direction and simple strategies to help you find and set your compass to your True North then, this workshop is for you.

Would you like to...

Feel more self assured and comfortable with who you are?

Gain certainty through clarity and create a life with meaning and purpose?

Discover joy and inner peace and a sense of freedom?

**CLAIM BACK YOUR POWER** and become the *designer* of your own life?

If so...here is your opportunity.

You will gain insight into how blocks and fears become powerful turning points that provide opportunities for personal growth and success. This process will allow you to preview the possibilities that will help you step into a new reality.

Begin your transition using simple and effective healing tools to empower your life.

This event will include:

Tea, coffee and 'Permission to Shine' handouts

HASTINGS – Sunday 15 October, 1pm – 5pm (registration 12.30pm)

FEILDING – Saturday 21 October, 9am – 1pm (registration 8.30am)

Payment Options – early bird \$27 or \$35 at the door. Bring a friend for an extra \$10.

(Please register early as numbers are limited)

Please feel free to contact me for further information

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